



# Beat the Heat (and your power bill)



1



Keep your blinds down and curtains closed.

**Help keep the cool air in and the sun out**

2



**CLEAN**

your air vents - or your air conditioning unit has to work **harder**

3



**Keep an eye on the thermostat**

TVA recommends not setting your thermostat lower than 72. When leaving the house, bump it up a couple degrees. When you come home, slowly bring the set temperature down by 2 degree increments, or your unit will have to work much harder.

4

**Use your ceiling fans**

Ceiling fans help create a wind chill effect in the house.

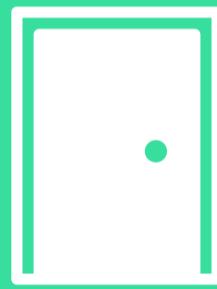
Set yours to run counter-clockwise. This will draw the cooler air up and circulate it.



5

**Keep air circulating**

Make sure all of your air vents are open...



... and that all your interior doors are open

**You don't want to trap all the cold air in just one room**

6

**Wait to do your heat-producing chores until the cooler evening and morning hours.**

(Washing dishes, laundry, baking, cooking, etc.)



**7 CHECK YOUR WEATHER STRIPPING**



make sure you're not losing cool air from around your doorways and windows



**Do your own energy audit**

We have Energy Evaluation Booklets provided by the TVA. They are a great resource to manage your monthly usage.



For more information, call us at 256.582.5691 or Stop by and see us at 701 Blount Ave in Guntersville

[www.guntersvilleelectric.com](http://www.guntersvilleelectric.com)